

Coverage for Marylanders

Dental and Vision

Dental plans

Dental care is an important part of your overall health, and the first step to a healthy mouth is finding a dental plan. During an oral exam, your dentist can detect signs in the mouth of more than 120 diseases, including heart disease and diabetes. This can lead to earlier, less costly and even life-saving treatment for your health, according to a U.S. Surgeon General Report on Oral Health.

Know what's covered

Dental insurance often focuses on prevention, so many services such as check-ups and cleanings are usually covered at 100 percent. All of our health plans include dental services for children. Dental plans on Maryland Health Connection are not eligible for financial help. When choosing a plan, consider what types of dental services you might need, such as:

- Routine check-ups
- Cleanings
- X-rays
- Fillings
- Extractions
- Emergency care
- Root canals, crowns, bridges or dentures

Keep the dentist you trust

Check with your dentist to see what plans they accept before you enroll. The dental insurance companies available through Maryland Health Connection are:

- CareFirst BlueCross BlueShield
- Delta Dental
- DeltaCare USA/Alpha Dental
- Dominion National

When can you enroll in a dental plan?

Enroll in a dental-only plan or add dental when you buy a health plan during open enrollment Nov. 1 to Jan. 15.

Certain life events qualify you to enroll in a dental plan outside of open enrollment.

Dental care is free for anyone enrolled in Medicaid or Maryland Children's Health Program (MCHP). If you qualify, you may enroll in Medicaid any time of year.



Vision plans

Vision insurance helps lower the costs of eye care, particularly routine eye exams, prescription glasses and contacts. An eye exam can help diagnose important eye diseases and health conditions that often go unnoticed.

Maryland Health Connection has partnered with VSP® to offer vision care to Marylanders.

Know what's covered

With a VSP® Individual Vision Plan, you'll get an eye exam from a trusted VSP® network doctor. It also includes a frame allowance for eye glasses, savings on lens enhancements like progressives, and more.

Vision coverage for children

Children under age 19 get vision care if they are enrolled in Medicaid or a Maryland Health Connection health plan. Services include one eye exam and one pair of glasses or contacts per year.

Shop for a plan

VSP® Individual Vision Plans provide affordable, full-service vision coverage you can purchase on your own. Learn more and enroll at vspdirect.com/MHBE/welcome.

Find a plan: vspdirect.com/MHBE/welcome.

For questions, call 844-641-6718.

